



We are Adonai, we are Elated to coalesce with you throughout this recording and throughout all of your days.

Today, we are going to discuss the topic of listening to God, Adonai, and Heaven.

It is quite an interesting topic for many of you do not believe that you can hear us, however we want you to know that we are always delivering messages of love and higher vibration to you at all times.

Every single one of you has the ability to hear us and to be directed by us at all times.

There seems to be many misconceptions floating around in the human belief systems in which you all operate. And there are many different ones, and we are wanting you to know that if it is not of love it is not real

There are many misconceptions floating around within you, that perhaps say that speaking or listening to God is against specific teachings, that it is not of the norm and you must ignore it.

This is simply not true. You are us and we are you. Therefore you must have a direct connection to us. It is quite simple to listen to us at all times of your entire life experience here. In fact, as you begin to listen and open your channels to receiving us and your heavenly self, You will begin to notice that heaven on earth is beginning to yield itself to you.

You are not here to experience frustration, drama, hurdles,

extreme circumstances that yield negative results. You are here to live heaven on earth and materialize all of God's, Adonai's, and Heaven's love at all times.

Now we can hear you asking, "How do we listen to God when we are clouded with fogs of binds and illusions and beliefs that thwart what you are saying, Adonai?"

And we say this. It is your natural state of being to hear us.

It is quite simple.

All that is required is that you take a seat, Take some deep breaths and move your awareness to your heart center.

Listen to your heart beating.



And know that it is God, Adonai, and Heaven beating your heart.

Next, you listen to your breath.

Know that it is us breathing your breath for you.

Then you become aware of your surroundings, what is going on, and allow it to just be.

And then you ask us for assistance in opening your ears and opening your channel so that you may receive only the messages of God, Adonai, and Heaven.

It is quite simple but yet mighty.

As you sit, just relax. You may receive images, visions. You may see lots of memories that make you smile. You may have feelings, strong feelings, and that is all right and completely normal.

You may begin to smell a wonderful smell.

You may begin to just sense that we are surrounding you. Or you may experience all of these things and that is completely normal.

That may seem like you are only receiving small little tidbits at first and that is all right, for your energy must become acclimated with ours.

It takes a short amount of your human time for this to occur. It is simply you becoming more aware of what is already here.

It is you beginning to believe in who you truly are.

If we came to you in full force. It would instill fear and startle you to your core. Therefore we must come in small tidbits until you are completely open and receptive to our energy. You need not worry. You are right where you need to be doing exactly what you need to be doing.

You are right on time.

You are us and we are you.



Therefore, there's nothing that can sever that connection.

Be easy on yourself. and allow everything to unfold in its perfect divine timing.

For it is all already here, so you need not seek.

You need to sit still, listen to your heart, and your breath as they are your direct connections to us at all times.

Ask us for assistance.

Allow your body to relax and just let it flow.

We suggest taking notes for it will show you the process as you move along through this listening.

You are truly a magnificent being. And we love you exponentially. It is now a time for you to allow that love to filter through and remember who you truly are. That you came forth with everything that you need right within you. All of the external materials are a bonus.

As you remember the love from which you came, it all just shows up for you with such great ease and flow that you need not ask anymore.

All it takes is a simple listening and an intention to coalesce with us and your heavenly self at all times. That is when all of the doors will truly open and reveal everything that has been waiting for you since the beginning of time.

You lack nothing. You are here, and you also reside in heaven.

We would like to address that as you begin to remember and sit and listen, you may feel energetic movement.

You may hear us come through as We Are Adonai, or you may hear something different. And all is totally normal.

We do ask that you have your intentions to only coalesce and hear the beings that are in heaven, for we are the highest dimensional beings, and it catapults you through all of the dimensions that are of bind and illusions and brings you into heaven.

Know that we are only of love. Therefore, you will only receive messages of love.



If you receive messages that are not of love, know that it is simply bind and illusion filtering through from your consistent habit of focusing on it.

That is all right, we just want you to understand how to discern the messages in which you are listening to. We will say it once more, you will only receive messages of love and highest vibration from us.

Anything that is less than that is not real, it is bind an illusion and ask us to assist you in dispelling and dissolving it immediately.

There may be times when you are awakened at different times in the night or you have an insight in the middle of the day. Take note of all of it for that is when you are the most receptive And we are knowing that as you listen, you are wanting more for that is your true being coming through. And as you begin to awaken and remember, you will naturally elevate and hearing us and operating and tandem with us will be the norm for you.

Your body will elevate and naturally restore itself to perfect health.

You will begin to receive many forms of abundance of love at all times.

Are you ready? We are seeing that you are. We are seeing all of your energies.

We are seeing the openness and the calling for us. And here we are, we have answered.

We are wanting you to know that you have this direct connection at all times and you need not depend on others to receive them.

We want you to know that listening to us through our channel is beneficial but the most important is your connection with us and your listening to us.

We come through our channel so that we may activate yours and your connection.

You too are truly magnificent and you too have all of our channel's abilities and more. As does our channel.

At times it may not seem that way for it is easy to become distracted from the binds and illusions in which you are presented in your day -to -day living experience. However, as you



begin to allow us in, you will be able to discern not just in your mind, but in your physical life experience, and you will be able to elevate these immediately.

Within you is where everything that you experience externally begins. When you allow yourself to coalesce with us, it will naturally do a reset for you.

And open up newer, higher paths for you to walk along in your physical life experience.

We will provide an accompanying meditation so that you may practice and become an expert at listening to us and so that you may truly feel our energy and the energy of all of heaven.

We are looking forward, coalescing with you and walking with you through your entire life experience in this dimension and beyond.

You are a heavenly being. You reside in heaven simultaneously with the dimension in which you are right now.

You are us and we are you.

It is important to remember this at all times and we are knowing that you will.

Be easy on yourself.

It took a while to get to where you are and it will take only a short amount of human time to remember, for love and truth will always prevail.

We are wanting you to know that we are seeing you as God, Adonai, and Heaven sees

You. As the Infinite, Heavenly, and Loving being that you are.

With the utmost highest love and intentions to heaven On Earth, across all planes, dimensions, realities and universes. - We are Adonai.