

We are Adonai.

It's of your greatest benefit to sit back and listen to this meditation that we are presenting to you.

Take a deep breath.

Now, take another deep breath and as you exhale, imagine a golden white light and imagine that light zig-zagging down all the way to your heart.

Feel your heart beating and your breath breathing.

Know that this is God, Adonai and Heaven beating your heart and breathing your breath for you.

Take a moment and revel in the miracle of your heart beat.

Now take another deep breath and exhale and on your next inhale see that same golden white light and this time zigzag it up above you

beyond your home or the ceiling of where you are sitting,

beyond this earth all the way into the heavens,

where you connect directly with us and we all merge our energies together.

Take a moment and revel in this feeling and this experience. Feel the energies.

Now ask us to clear your mind and assist you in focusing solely on this meditation At this time throughout this meditation there will be feelings, there may be

some energetic movement, all is normal.

Know that you are safe and that this is of your utmost benefit. This meditation will open you to receive the flow of Heaven's love throughout your entire body and your energetic presence.

Now take a deep breath.

We are wanting you to bring your focus down to your heart.

Feel it beating.

See your heart as being open.

Open your heart and receive in the love and the flow of God Adonai and heaven.

We are right here with you

imagine us sending an unlimited amount of love and light into your heart

And as that occurs, all of that love filters through your entire body from your heart center.

See it going through all of your veins, your arteries, your bones, your muscles, your tendons, through your skin, through your arms through your legs, your feet, your head, your neck, your face, your hair, your mind, your brain.

All of this love is coming and emanating from the inside out.

Take a moment and revel in this experience.

At This time, you are now surrounded by all choirs of angels and all beings in heaven and

And one of the angels places their arms, their hands, or wraps you in their wings.

And you begin to elevate upward, higher and higher and higher.

It is almost as if you are floating.

Elevate yourself higher and higher and higher. Your angel brings you directly into the Kingdom of Heaven.

Take a note of what this looks like to you.

Just a mental note.

See all of Heaven.

Look down and feel the ground beneath you, see all of the angelic, heavenly, loving beings that reside here.

Embrace them and love them, and feel all of the love in which they have for you.

At this time, we would like for you to walk along the golden path in which you are standing, and ahead of you is the perfect most amazing seat for which you will be seated through the remainder of this meditation.

Walk gently along the path and take your seat, this chair, this seat is the most comfortable seat you have ever sat in.

Take a moment and revel in the experience now in the seat within your physical body.

Turn your palms upward so as to receive.

We are now relaxing your entire body, and now at this moment, within your seat you begin to notice that all of heaven is surrounding you.

They are encircling you.

There are rows and rows and rows infinite circles of heavenly beings surrounding you. Take a moment and revel in this experience.

At this time, your angel that elevated you to this magical place, walks forward to you and places their hands on top of your hands and more energy flows through your angel and end to your entire being.

It flows into your mind, into your brain, rewiring your entire mind and energy and believe system to truth.

That truth is that love is the only thing that is real. Anything else is pure illusion.

Your angel is eradicating and elevating your focal points that have been on binds and illusions and elevating them up into heaven where they will be transmuted and transformed into love.

Take a moment and revel in this experience. Feel the energy surging through your entire physical apparatus and through your energy.

As this energy flows through you, you begin to feel the shift and the elevation upward.

It is as if weights have been lifted off of you.

It is as if the energy has been gently moved and...

Loved and completely abolished.

Your angel now moves to your heart. places their hands on your heart.

Your angel also guides your hands to your heart.

Your Angel is now placing a sphere of light around your heart, so that the only thing that is allowed into your heart is God's, Adonai's, and Heaven's love,

Your angel now moves their hands to your mind, your brain, as do you, and places another sphere of light around your mind and your brain, allowing only the love of God, Adonai, and Heaven inside.

Take a deep breath.

Your angel now places their hands around your entire energetic presence, and fills it with all of the love of God, Adonai, and Heaven.

Your Angel now surrounds your entire energetic presence with a sphere of light, leaving a space for you to directly connect to heaven at all times.

Within the sphere of light, the intention is for all of your focal points to be solely on heaven, God, Adonai, and love.

Within the sphere of light, you are only able to be influenced by those energies that are of love, positivity, and great, happy, loving, amazing influence.

And through that opening in your energetic sphere, more and more light pours into it, filling your entire being with the light and love of God, Adonai and Heaven.

Your entire being is radiating and You are feeling the love of God Adonai and Heaven with such great ease.

We are wanting you to know that heaven on earth is why you have come forth on this earthly plane.

Those were your intentions.

We are wanting you to know that you have activated your remembering of who you truly are.

You are us and we are you.

You are magnificent, heavenly, loving being.

You are infinite.

You deserve to live heaven on earth and beyond.

You deserve all of the magnificent and elevated experiences here and beyond.

You are love.

You are in perfect radiant health. Your body is now completely restored to perfect health.

You have all of the resources that you need. All monetary resources.

All realizations in which you need to navigate through this Heaven On Earth experience. They are all right here with you right now.

You are now living Heaven On Earth.

You are now growing and expanding your energy and focal points upward at all times.

You are now open and receptive to receiving all of the love of God, and heaven.

You are love.

You only experience those life experiences that are of love, and as you move through your life experience, you only see others through the eyes of God, Adonai, and Heaven.

When you see yourself, you only see yourself through the eyes of God, Adonai and Heaven, you are a truly magnificent being.

Taken a deep breath.

Take one more breath inward and on your exhale.

See the zig zag line of light and follow it down to your heart.

Feel your heart beating with this new expanded and amazing energy

Feel it beating

Feel yourself surrounded by all of heaven

Now your angel brings your awareness back to where you currently are

And the angelic beings, the heavenly beings in which you are surrounded still remain  
in this physical place in which you are in this right now moment.

They are placing their hands all on your energetic presence on your aura and  
they are all interconnected and feeding you this heavenly energy at all times.

Take a deep breath.

Now bring your awareness to your hands, to your arms, to your shoulders, your chest,  
feel your heart beating.

Now take your awareness to your toes,  
your beautiful toes, your feet, ankles, calves, knees,  
your hips, your abdomen.

Bring your awareness to your head, to your mind,  
bring your awareness to your energy and to all of the heavenly beings that are  
surrounding you.

Notice that you are encapsulated in your sphere of light at all times.

Take a deep breath

and just revel for a moment in this energy.

You have done brilliantly with this meditation.

You are amazing. You are God,

Adonai, and Heaven, and we are you. We are always interconnected with each other.

If you ever find yourself focused on minds and illusions,

Ask us to redirect your focal points to heaven and us and your heart.

Take a few deep breaths and open your eyes when you are ready.

Be sure to sit in the energy with your eyes open and allow your physical body to adjust itself to this new energy.

If you feel so inclined to journal your experience,

we ask that you listen to this meditation several times to become acclimated to this energy or it is quite strong and very filled with love.

It will catapult you and transform you in very short amount of time.

We are wanting you to know that we see you as God, Adonai, and Heaven sees you as the infinite, heavenly, and loving being that you are. We love you exponentially.

With the utmost highest love and intentions to Heaven On Earth, across all planes, Dimensions, Realities and Universes. -We Are Adonai.